

Instructional Improvement Plan 2006-2007 (Physical Education)

Goal: By June 2008, 90% of students in PE will have achieved Fitnessgram scores within the healthy fitness zone in the core testing areas (curl-ups, push-ups and aerobic capacity) at the benchmark levels Elementary, Intermediate and Commencement.

Objective: By June 1, 2007, more students will have achieved Fitnessgram scores within the healthy fitness zone in the core testing areas (curl-ups, push-ups and aerobic capacity) at the benchmark levels Elementary, Intermediate and Commencement. (SEE BELOW)

| | Elementary (under 12) ONS | Elementary (under 12) Grimshaw | % HFZ | Intermediate (ages 12+) ONS | Intermediate (ages 12-14) Jr. Sr. HS | % HFZ | Commencement (ages 15-18) Jr. Sr. HS | % HFZ |
|-----------------------------|---------------------------------|--------------------------------------|----------|-----------------------------------|--|----------|--|----------|
| Curl-up: | 10/12= 83% | 219/249= 88% | =88% | 11/17= 65% | 91/140= 65% | =65% | 146/212= 69% | =69% |
| Push-up: | 4/16= 25% | 121/207= 58% | =56% | 6/14= 43% | 86/137= 63% | =61% | 125/205= 61% | =61% |
| Aerobic Capacity | MILE RUN 6/21= 29% | MILE RUN 174/236= 74% | =70% | PACER 12/25= 48% | PACER 96/139= 69% | =66% | PACER 101/211= 48% | =48% |

Objectives:

- 1% more elementary level students will achieve the HFZ for curl-ups.
 - 17% more elementary level students will achieve the HFZ for push-ups.
 - 10% more elementary level students will achieve the HFZ for the mile run.

 - 13% more intermediate level students will achieve the HFZ for curl-ups.
 - 15% more intermediate level students will achieve the HFZ for push-ups.
 - 12% more intermediate level students will achieve the HFZ for the PACER.

 - 11% more commencement level students will achieve the HFZ for curl-ups.
 - 15% more commencement level students will achieve the HFZ for push-ups.
 - 21% more commencement level students will achieve the HFZ for the PACER.
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Targeted Audience: Students in grades 3-12

| Strategies/ Activities | Time | Participants | Lead Person | Budget | Results of Strategy/ Activity | ✓ If professional development or indicate request |
|--|---------------------------|-----------------------|---------------------|--|---|---|
| Data from 06-07 will be analyzed | 5 hours Summer 2007 | Staff | Meaney | \$22.27/5 hours \$111.35 | Determine % of students who achieved scores within the healthy fitness zone on the core test items | X |
| Lesson designed to allow for practice on test items and improvement on specific fitness components *students will be receiving PE every other day | School year | Staff Students | Meaney Staff | None | Every other day, students will engage in class activities designed to allow practice of test items and improvement in physical fitness components required for each test item | |
| Administration of test items will be scheduled throughout the school year | School year | Students | Staff | None | Students will have completed all Fitnessgram test activities | |
| Entering test data into the computer program | Spring 2007 | PE Department | Meaney | IIP Budget \$22.27 x 20 hrs \$556.75 | Individual student profiles will be printed and mailed home | |
| Analyze data | June '07 Summer '07 | PE Department | Meaney | IIP 1 hour x 6 staff Budget \$22.27 x 6 hours – \$133.62 | Ability to determine % of students who achieved scores within the Healthy Fitness Zone. Discuss results and redesign lessons as necessary | X |

Building Milestone: Students will engage in practice activities designed to improve or maintain Fitnessgram test scores. _____

Evaluation: Students maintained healthy fitness zone scores or decreased scores in the core testing areas. _____

Instructional Improvement Plan 2006-2007 (Physical Education)

Goal: By June 2008, 85% of students in PE will have achieved 85% or higher in local written assessments in the Fitness/Wellness units at the benchmark levels of elementary, intermediate and commencement levels.

Objective: By June 2007, class lessons will include fitness discussions and review of fitness components which will lead to 25% more students achieving 85% or higher on the local written assessment.

Targeted Audience: Students in grades 3-11

| Strategies/ Activities | Time | Participants | Lead Person | Budget | Results of Strategy/ Activity | ✓ If professional development or indicate request |
|--|---|--------------|--------------------------|--|---|---|
| Evaluate the effectiveness of the fitness/wellness units | February – March 2007 | Staff | Meaney | IIP 2 hours x 4 staff @ \$22.27= \$178.16 | The percentage of students who have achieved 65% or better will have been determined. | x |
| Design lessons that incorporate more student time involved with individual components of fitness. | Teacher planning time throughout the year | Staff | Individual staff members | None | There will be more practice with the fitness components - power points - projects | |
| Staff will incorporate fitness based knowledge into several units taught throughout the year in P.E. | Teacher planning throughout the year | Staff | Individual staff members | None | Students will have increased time spent on fitness information by repeating the information across the whole curriculum | |

Building Milestone: PE lessons will have specific fitness discussion/questions throughout the year in several units.

Evaluation: Each class lesson will include an increased cognitive segment that allows for more time spent on specific fitness components, therefore allowing students to improve on individual test scores

Instructional Improvement Plan 2006-2007 (Physical Education)

Goal: By June 2008, 90% of students who have participated in PE will have received a competency rating (defined by the NYS Goals 2000 Project) in at least five activity units at the commencement level.

Objective: By June 2007, the 9-12 Physical Education curriculums will have additional assessment tools in place. Students will be evaluated in all units and ratings placed in their portfolios.

Targeted Audience: Students in grades 9-12

| Strategies/ Activities | Time | Participants | Lead Person | Budget | Results of Strategy/ Activity | ✓ If professional developmen t or indicate request |
|--|---|---------------|----------------|---|--|--|
| 1. Continue to develop assessments for units that do not have specific assessments in place. a. Continue to rewrite/update curriculums and align with the standards | Supt days throughout the school year. Individual staff time in the school year & Summer '07 | H.S. Staff | Meaney | 2006-7 school year & Summer '07 curriculum 7.25 hours / 6 staff = 43.61 hrs \$ 971.12 | Additional assessments will be in place. Curriculum units will be updated | x |
| Students will engage in activities throughout the year. They will receive instruction in all activities and be assessed using formative and summative assessments | School year '06-07 | H.S. students | H.S. Staff | None | Students will have received instruction and be assessed in instructional units | |
| Update individual student performance checklist with rating in each activity | School year '06-07 | H.S. Staff | H.S. staff | None | Individual student performance rating for each unit taught will have been recorded | |

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|--|--------------------|------------|------------|------|---|---|
| Results of summative assessments will be recorded on the individual student checklist | School year '06-07 | H.S. Staff | H.S. staff | None | Summative assessments will have been recorded on checklists. Students will have received either a proficiency, competency or no rating for each | |
| Student portfolios will be reviewed for all school year work and competency ratings will be recorded | Regents week | H.S. staff | Meaney | None | Will determine % of students who have received competency ratings. Analyze results | x |

Building Milestone: Students received instruction and received both summative and formative assessments. Results were recorded in individual student portfolios.

Evaluation: Activity units updated, assessment tools are in place so that the % of students achieving competency ratings can be determined.

| ASSESSED UNITS | 9-11 skill assessment | 9-11 written assessment | 12 skill assessment | 12 written assessment |
|----------------------|-----------------------|-------------------------|---------------------|-----------------------|
| Soccer | X | X | | |
| Flag Football | X | X | | |
| Fitness/wellness | | X | | |
| Basketball | X | X | | |
| Volleyball | X | X | | |
| Weight Training | X | X | | |
| Badminton | X | X | | |
| Softball | X | X | | |
| | | | | |
| Golf | | | X | X |
| Bowling | | | X | X |
| Cross-country skiing | | | X | X |
| Horseback riding | | | X | X |
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