

JANUARY 2019

Onondaga Nation School

Menu subject to change
An equal opportunity provider and employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Happy
New Year!

1

No School

Chicken Patty
Whole Grain Bun

2

Seasoned Corn
Carrot Coins

Meatball Sub
Whole Grain Bun

3

Mix Veggies
French Fries

Stuffed
Crust Pizza

4

Garden Salad
Steamed Broccoli

Chicken Ring Thing
w/Dip

7

Sweet Potato Fries
Seasoned Carrots

School Closing

8

Totally Taco
Pockets w/Salsa &
Sour cream

9

Seasoned Corn
Black Bean Salsa

School Closing

10

Baked Ziti
w/Meat sauce
& Texas Toast

11

Carrot Sticks w/Dip
Garden Salad

Cheesy Dippers
w/Tomato Sauce

14

Green Beans
Cali Blend

Nachos Supreme
w/Salsa & Sour cream

15

Cheesy Bean Dip
Black Beans & Corn

Deluxe Cheeseburger
Whole Grain Bun

16

Sweet Potato Fries
Carrot Sticks w/Dip

Turkey Gravy
w/Bread & Butter

17

Mashed Potatoes
Seasoned Corn

Nardone's Pizza

18

Garden Salad
Broccoli Florets w/Dip

M.L. King Jr.
Day

21

No School

Pizza Crunchers
w/Sauce

22

Green Beans
Sweet Potato Fries

Chicken Nuggets
w/Dip

23

French Fries
Carrot Coins

Cook's Choice

24

Veggie
Veggie

Personal Pan
Pizza

25

Caesar Salad
Steamed Broccoli

Cheese Stuffed
Pretzels

28

Sweet Potato Fries
Seasoned Carrots

Walking Taco
Beef, salsa, cheese,
sour cream, lettuce

29

Seasoned Corn
Black Bean Salsa

Mini-Pancakes
w/Sausage

30

Hash Patties
Cherry Star Juice

General Tso Chicken
over Rice

31

Egg Roll
Stir Fry Veg

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

Sandwich Choice

Monday- Turkey & Cheese
Tuesday- Ham & Cheese
Wednesday- Egg Salad
Thursday- Combo Sub
Friday- Cook's Choice

Salad Du Jour

Monday- Chicken Caesar
Tuesday- Roasted Turkey & Cheddar
Wednesday- Chicken Fajita
Thursday- Lancer Cobb
Friday- Chef Salad

Available Daily

PB&J, Yogurt Meal, Pizza

All meals served with fruit and
vegetable choices of the day.

Breakfast

PK-12 \$1.25

Lunch Price

PK-6 \$2.55

7-12 \$2.65

Click on the plate in the top right
hand corner of the District website,
www.lafayetteschools.org, to visit
the Food Service page for Menus
and other useful information.

School News

Questions, comments,
concerns, compliments contact
the Food Service office at
(315)677-9510 or email
rkennedy@lafayetteschools.org