

MARCH 2019

Jr/Sr High School

Menu subject to change
An equal opportunity provider and employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

4
Cheesy Dippers
w/Tomato Sauce

Green Beans
Carrot Coins

5
Nachos Supreme
w/Salsa & Sour cream

Cheesy Bean Dip
Black Beans & Corn

6
Deluxe Bacon
Cheeseburger
Whole Grain Bun

Sweet Potato Fries
Steamed Broccoli

7
Personal Pan
Pizza

Garden Salad
Carrot Sticks w/Dip

1
Nardone's Pizza

Garden Salad
Steamed Broccoli

11
Chicken Patty
Whole Grain Bun

French Fries
Steamed Broccoli

12
Walking Taco
Beef, salsa, cheese,
sour cream, lettuce

Seasoned Corn
Cheesy Bean Dip

13
Tangerine or Sweet
Sriracha
over Rice
w/Fortune Cookie

Egg Roll
Stir Fry Veg

14
Oven-Fried Chicken
w/Shamrock Pretzel

Green Beans
Mashed Potatoes
w/Gravy

15
Nardone's Pizza

Caesar Salad
Carrot Coins

18
Chicken Smackers
w/Dip & Corn Bread

Sweet Potato Fries
Steamed Broccoli

19
Two Taco Tuesday!
salsa, cheese, sour
cream, lettuce

Black Bean Salsa
Nature's Candy Corn

20
Mini-Pancakes
w/Sausage

Hash Patties
Cherry Star Juice

21
Turkey Gravy
w/Bread & Butter

Mashed Potatoes
Green Beans

22
Pizza Crunchers
w/Tomato Sauce

Garden Salad
Carrot Coins

25
BBQ Chicken
w/Texas Toast

Sweet Potato Fries
Steamed Broccoli

26
Totally Taco
Pockets
w/Sour Cream & Salsa

Mixed Veggies
Cheesy Bean Dip

27
Deluxe Cheeseburger
Whole Grain Bun

French Fries
Peas & Carrots

28
General Tso Chicken
or Sweet Sriracha
over Rice
w/Fortune Cookie

Egg Roll
Stir Fry Veg

29
Nardone's French
Bread Pizza

Caesar Salad
Carrot Coins

Sandwich Choice
Monday- Turkey & Cheese
Tuesday- Ham & Cheese
Wednesday- Egg Salad
Thursday- Combo Sub
Friday- Cook's Choice

Salad Du Jour
Monday- Chicken Caesar
Tuesday- Pepperoni Pizza Salad
Wednesday- Chicken Fajita
Thursday- Lancer Club
Friday- Chef Salad

Available Daily
PB&J, Yogurt Meal & Pizza

All meals served with fruit and vegetable choices of the day.

Breakfast
PK-12 \$1.25

Lunch Price
PK-6 \$2.55
7-12 \$2.65

Click on the plate in the top right hand corner of the District website, www.lafayetteschools.org, to visit the Food Service page for Menus and other useful information.

School News

Questions, comments, concerns, complements contact the Food Service office at (315)677-9510 or email rkennedy@lafayetteschools.org