

Helpful Counseling Links

Anger:

Anger Help: <http://angerhelp.com>

Controlling Anger—Before It Controls You: <http://www.apa.org/pubinfo/anger.html>

Anxiety:

Anxiety Disorders in Children and Adults: <http://www.baltimorepsych.com/anxiety.htm>

The Anxiety Network International: www.anxietynetwork.com

Attention Deficit Hyperactivity Disorder:

ADHD.com: <http://adhd.com>

The A.D.D. & Family Support Center: <http://www.addcentre.co.uk/newindex.html>

Community Resources:

Mental Health Association of Onondaga County: <http://www.mha-oc.org/>

Onondaga County Health Department: <http://ongov.net/health/index.html>

Wellness Center: <http://lafayetteschools.org/teacherpage.cfm?teacher=743>

Dating Violence/Rape:

ACADV: <http://www.acadv.org/dating.html>

Dating Violence Prevention Center: <http://www.datingviolence.org/>

Depression/Suicide:

National Alliance for Mental Health: <http://www.nami.org/index.html>

SAVE-Suicide Awareness Voices of Education: <http://www.save.org/>

Eating Disorders:

National Eating Disorders Association: <http://www.nationaleatingdisorders.org/>

Eating Disorder Referral and Information Center: <http://www.edreferral.com/>

Something Fishy: <http://www.something-fishy.org>

Grief:

All Kids Grieve: <http://allkidsgrieve.org/home.html>

The Association of Death Education and Counseling (ADEC): <http://www.adec.org>

Physical/Emotional Abuse:

Focus Adolescent Services: <http://www.focusas.com/Abuse.html>

Growing Beyond Emotional Abuse- Resources for Healing Scars:
www.webheights.net/GrowingbeyondEmotionalAbuse/

Safecild.org: <http://www.safecild.org/childabuse3.htm>

Self-Esteem:

Coping.org: <http://www.coping.org/>

Substance Abuse Resources:

Addiction Recovery Guide: <http://www.addictionrecoveryguide.com>

Al-Anon/Alateen: <http://www.al-anon-alateen.org/>

FreeVibe: <http://www.freevibe.com/#>

In the Mix: http://www.pbs.org/inthemix/drugabuse_index.html

National Institute on Drug Abuse:

<http://www.drugabuse.gov/GoestoSchool/NIDAg2s.html>