

FEBRUARY 2023

Jr/Sr High School

equal opportunity employer

LUNCH



-Meals are NOT free for all students

-An approved meal application must be on file for free meals. They can be found at lafayetteschools.org on the Food Service page, click the plate setting icon.

-MENU SUBJECT TO CHANGE



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

MONDAY

Daily (First come, first serve)

Salad entrée
Sandwich
Pizza

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Fingers
w/Dip & Roll

6

Sweet Potato Fries
Seasoned Broccoli

Taco Tuesday!
Beef, soft shells, salsa,
cheese, sour cream, lettuce

7

Seasoned Corn
Black Bean Salsa

Pasta & Meatsauce
w/Breadstick & Parmesan

8

Caesar Salad
Green Beans

Toasted Cheese on
Whole Grain Bread

9

Tomato Soup
Celery Sticks w/Ranch

Big Daddy Pizza

10

Garden Salad
Carrot Coins

Cheeseburger
Whole Grain Bun

13

Sweet Potato Trax
Green Beans

Valentine's Day
Heart Shaped Chicken
Nuggets w/Dinner Roll
Smiley Fries
California Blend

14

Pizza Crunchers
w/Tomato Sauce

15

Caesar Salad
Veggies w/Dip

Nachos Supreme
w/Salsa & Sour cream

16

Cheesy Bean Dip
Seasoned Corn

Assorted Pizza

17

Broccoli
Seasoned Carrots

Winter recess

20

Winter recess

21

Winter recess

22

Winter recess

23

Winter recess

24

Chicken Patty
Whole Grain Bun

27

Mixed-up Veggies
Sweet Potato Fries

Cheese Quesadilla
Salsa & Sour Cream

28

Seasoned Corn
Black Bean Salsa

