

# MAY 2023

## Jr/Sr High School

equal opportunity employer

### LUNCH



#### -Meals are NOT free for all students

-An approved meal application must be on file for free meals. They can be found at [lafayetteschools.org](http://lafayetteschools.org) on the Food Service page, click the plate setting icon.

-MENU SUBJECT TO CHANGE



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

Mozzarella Sticks  
w/Tomato Sauce

1

Green Beans  
Cali Blend

Mini-Corn Dogs  
w/ Honey Mustard

8

Green Beans  
Sweet Potato Fries

Chicken Fingers  
w/Dip & Roll

15

Sweet Potato Fries  
Seasoned Broccoli

Cheeseburger  
Whole Grain Bun

22

Sweet Potato Trax  
Green Beans

**Memorial Day**

29

### TUESDAY

Deluxe Cheeseburger  
Whole Grain Bun

2

French Fries  
Steamed Broccoli

Walking Taco  
Beef, salsa, cheese, sour  
cream, lettuce  
Seasoned Corn  
Cheesy Bean Dip

9

Nachos Supreme  
w/Salsa & Sour cream

16

Cheesy Bean Dip  
Seasoned Corn

Taco Tuesday!  
Beef, soft shells, salsa,  
cheese, sour cream, lettuce  
Seasoned Corn  
Black Bean Salsa

23

Walking Taco  
Beef, salsa, cheese,  
sour cream, lettuce  
Seasoned Corn  
Cheesy Bean Dip

30

### WEDNESDAY

Chicken & Waffles  
w/Syrup & Butter  
Cups

3

Sweet Potato Trax  
Seasoned Carrots

Chicken Patty  
Whole Grain Bun

10

French Fries  
Steamed Broccoli

Breakfast Sandwich  
w/Sausage, Egg & Cheese

17

Hash Rounds  
Sunset Sip Juice

Pizza Crunchers  
w/Tomato Sauce

24

Caesar Salad  
Veggies w/Dip

Chicken Patty  
Whole Grain Bun

31

Mixed-up Veggies  
Sweet Potato Fries

### THURSDAY

Homemade  
Pizza

4

Broccoli  
Seasoned Carrots

Mac N' Cheese  
Cheesy Breadstick

11

Peas & Carrots  
Celery Sticks w/Ranch

Deli-Day  
Ham or Turkey

18

Cuke Salad  
Celery Sticks w/Dip

Picnic Day  
BBQ Chicken w/Buttery Roll  
Salt Potatoes  
Baked Beans  
Pasta Salads  
Sweet Treat

25

### FRIDAY

**Cinco De Mayo**  
Beef, soft shells, salsa,  
cheese, sour cream, lettuce  
Seasoned Corn  
Black Bean Salsa

5

Personal Pan  
Pizza

12

Caesar Salad  
Carrot Coins

Big Daddy Pizza

19

Garden Salad  
Carrot Coins

**No School**  
Snow day give back

26

