

# MAY 2023

## Onondaga Nation School

equal opportunity employer

### LUNCH



#### -Meals are NOT free for all students

-An approved meal application must be on file for free meals. They can be found at [lafayetteschools.org](http://lafayetteschools.org) on the Food Service page, click the plate setting icon.

-MENU SUBJECT TO CHANGE



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

Mozzarella Sticks  
w/Tomato Sauce

1

Green Beans  
Cali Blend

### TUESDAY

Taco Logs  
w/salsa & sour  
cream

2

Seasoned Corn  
Cheesy Bean Dip

### WEDNESDAY

Deluxe Cheeseburger  
Whole Grain Bun

3

French Fries  
Steamed Broccoli

### THURSDAY

Chicken & Waffles  
w/Syrup & Butter  
Cups

4

Sweet Potato Trax  
Seasoned Carrots

### FRIDAY

#### Cinco De Mayo

Beef, fry bread, salsa,  
cheese, sour cream, lettuce  
Seasoned Corn  
Black Bean Salsa

5

Mini-Corn Dogs  
w/ Honey Mustard

8

Green Beans  
Sweet Potato Fries

Walking Taco  
Beef, salsa, cheese, sour  
cream, lettuce

9

Seasoned Corn  
Cheesy Bean Dip

Chicken Patty  
Whole Grain Bun

10

French Fries  
Steamed Broccoli

Mac N' Cheese  
Cheesy Breadstick

11

Peas & Carrots  
Celery Sticks w/Ranch

Personal Pan  
Pizza

12

Caesar Salad  
Carrot Coins

Chicken Fingers  
w/Dip

15

Sweet Potato Fries  
Seasoned Broccoli

Nachos Supreme  
w/Salsa & Sour cream

16

Cheesy Bean Dip  
Seasoned Corn

Breakfast Sandwich  
w/Sausage, Egg & Cheese

17

Hash Rounds  
Sunset Sip Juice

Deli-Day  
Ham or Turkey

18

Cuke Salad  
Celery Sticks w/Dip

Big Daddy Pizza

19

Garden Salad  
Carrot Coins

Cheeseburger  
Whole Grain Bun

22

Sweet Potato Trax  
Green Beans

Taco Tuesday!  
Beef, soft shells, salsa,  
cheese, sour cream, lettuce  
Seasoned Corn  
Black Bean Salsa

23

Pizza Crunchers  
w/Tomato Sauce

24

Caesar Salad  
Veggies w/Dip

Homemade Pizza

25

Broccoli  
Seasoned Carrots

No School

26

Snow day give back

Memorial Day

29

Walking Taco  
Beef, salsa, cheese,  
sour cream, lettuce  
Seasoned Corn  
Cheesy Bean Dip

30

Chicken Patty  
Whole Grain Bun

31

Mixed-up Veggies  
Sweet Potato Fries

