

DECEMBER 2021

C. Grant Grimshaw

equal opportunity employer

LUNCH



All Students eat free regardless of income!!

MENU SUBJECT TO CHANGE (because it will)

-More info available at lafayetteschools.org on the Food Service page, click the plate setting icon



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily
Yogurt Meal
PB&J

(Milk and Fruit included)

Garlic Parmesan
Roasted Chicken
w/Dinner Roll **1**

Green Beans
Baked Beans

French Toast Sticks
w/Sausage **2**

Hash Rounds
Cherry Star Juice

Big Daddy's Pizza **3**

Caesar Salad
Carrot Coins

Mozzarella Sticks
w/Tomato Sauce **6**

Green Beans
Cali Blend

Nachos Supreme
w/Salsa & Sour
cream **7**

Cheesy Bean Dip
Black Beans & Corn

Cheeseburger
Whole Grain Bun **8**

French Fries
Steamed Broccoli

Chicken & Waffles
w/Syrup & Butter Cups **9**

Sweet Potato Trax
Seasoned Corn

Homemade Pizza **10**

Garden Salad
Carrot Coins

Mini-Corn Dogs
w/ Honey Mustard **13**

Green Beans
Sweet Potato Fries

Walking Taco **14**
Beef, salsa, cheese, sour
cream, lettuce

Seasoned Corn
Cheesy Bean Dip

Chicken Nuggets
w/Dip **15**

French Fries
Steamed Broccoli

Mac n' Cheese
w/Cheesy Breadstick **16**

Peas & Carrots
Celery Sticks w/Dip

Personal Pan
Pizza **17**

Caesar Salad
Carrot Coins

Assorted Breaded
Chicken
w/Dip **20**

Sweet Potato Fries
Seasoned Broccoli

Brunch for Lunch
w/Sausage **21**

Hash Rounds
Sunset Sip Juice

Cook's Choice **22**

Check back for
updated menu

Assorted Pizza **23**

Garden Salad
Carrot Coins

Holiday recess **24**

Holiday recess **27**

Holiday recess **28**

Holiday recess **29**

Holiday recess **30**

Holiday recess **31**