

JUNE 2022

Jr/Sr High School

equal opportunity employer

BREAKFAST



All Students eat free regardless of income!!

MENU SUBJECT TO CHANGE (because it will)

-More info available at lafayetteschools.org on the Food Service page, click the plate setting icon



June is National Dairy Month! Complete your meal with a cup of fat-free or low-fat milk. You will get the same amount of calcium and other essential nutrients as whole milk but fewer calories. Don't drink milk? Try a soy beverage (soymilk) as your drink or include low-fat yogurt in your meal or snack.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



French Toast Sticks w/Sausage **1**

Rib-a-Cue Sandwich Whole Grain Bun **2**

Big Daddy's Pizza **3**

Hash Rounds
Cherry Star Juice

Green Beans
BBQ Beans

Caesar Salad
Carrot Coins

Mozzarella Sticks w/Tomato Sauce **6**

Taco Tuesday **7**

Pizza Crunchers w/Tomato Sauce **8**

Fish Patty/ Shrimp Poppers **9**

Assorted Pizza **10**

Green Beans
Cali Blend

Beef, salsa, cheese, sour cream, lettuce
Seasoned Corn
Cheesy Bean Dip

Caesar Salad
Veggies w/Dip

Whole Grain Bun
French Fries
Steamed Broccoli

Garden Salad
Carrot Coins

No Classes **13**
Breakfast &
Lunch Available

No Classes **14**
Kitchen Closed

Regents **15**
Breakfast &
Lunch available

Regents **16**
Breakfast &
Lunch available

Regents **17**
Breakfast &
Lunch available

Juneteenth **20**
No School

Congrats **21**
graduating
Seniors!

Have a safe and fun **22**
summer!!

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