

May 2021

Onondaga Nation School

equal opportunity employer

LUNCH



All Students eat free regardless of income!!

MENU SUBJECT TO CHANGE

-Home delivery available for remote learners.

-More info available at lafayetteschools.org on the Food Service page, click the plate setting icon.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Bacon Cheeseburger **3**
Whole Grain Bun

Sweet Potato Trax

Tuesday

Nachos Supreme **4**
w/Salsa & Sour cream

Black Bean Salsa

Wednesday

Pizza Crunchers **5**
w/Tomato Sauce

Veggies w/Dip

Thursday

Shrimp Poppers **6**
w/cocktail sauce

French Fries

Friday

Homemade Pizza **7**

Seasoned Carrots

Chicken Patty **10**
Whole Grain Bun

Be Brave Broccoli

Cheese Quesadilla **11**
w/salsa & sour cream

Seasoned Corn

Meatball sub **12**
w/Parmesan cheese

Caesar Salad

BBQ Chicken **13**
w/corn bread

Baked Beans
Cucumber salad

Stuffed Crust Pizza **14**

Garden Salad

Chicken Nuggets **17**
w/Dip

Sweet Potato Fries

Taco Tuesday! **18**
Meat, 2 soft shells, salsa,
cheese, sour cream, lettuce

Seasoned Corn

Fish Patty Sandwich **19**
w/Tartar Sauce, pickles &
Cheese on a Whole Grain Roll

Celery stix /dip

French Toast Sticks **20**
w/Sausage

Hash Rounds

Big Daddy's Pizza **21**

Caesar Salad

Mozzarella Sticks **24**
w/Tomato Sauce

Green Beans

Nachos Supreme **25**
w/Salsa & Sour cream

Black Beans & Corn

Chicken & Waffles **26**
w/Syrup & Butter Cups

Sweet Potato Trax

Home-made Pizza **27**

Carrot Sticks w/Dip

Snow Day Give Back **28**

No School

Memorial Day **31**

No School

