

NOVEMBER 2022

Onondaga Nation School

equal opportunity employer

LUNCH



-Meals are NOT free for all students

-An approved meal application must be on file for free meals. They can be found at lafayetteschools.org on the Food Service page, click the plate setting icon.

-MENU SUBJECT TO CHANGE



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Walking Taco
Beef, salsa, cheese,
sour cream, lettuce

1

Chicken Patty
Whole Grain Bun

2

Mac N' Cheese
Cheesy Breadstick

3

Personal Pan
Pizza

4

Seasoned Corn
Cheesy Bean Dip

French Fries
Steamed Broccoli

Peas & Carrots
Celery Sticks w/Ranch

Caesar Salad
Carrot Coins

Chicken Fingers
w/Dip

7

**Superintendent
Conference Day**

8

Mini-Pancakes
w/Sausage

9

Big Daddy Pizza

10

Veterans Day

11

Sweet Potato Fries
Seasoned Broccoli

No School

Hash Rounds
Sunset Sip Juice

Garden Salad
Carrot Coins

No School

Cheeseburger
Whole Grain Bun

14

Taco Tuesday!
Beef, soft shells, salsa,
cheese, sour cream, lettuce

15

Chicken Patty
Whole Grain Bun

16

Pizza Crunchers
w/Tomato Sauce

17

**Half Day
Parent Teacher
Conference**

18

Sweet Potato Trax
Green Beans

Seasoned Corn
Black Bean Salsa

Mixed-up Veggies
Sweet Potato Fries

Caesar Salad
Veggies w/Dip

No Lunch
Breakfast is available

Cook Choice

21

Harvest Dinner
Turkey Gravy over
Mashed Potatoes
w/Dinner Roll
Green Beans

22

Thanksgiving Recess

23

Thanksgiving

24

Thanksgiving Recess

25

Veggie
Veggie

No School

No School

No School

Chicken Nuggets
w/Dip

28

Taco Pockets
w/salsa & sour
cream

29

Twisted Cheesy
Breadsticks
w/Tomato Sauce

30

Sweet Potato Fries
Steamed Broccoli

Seasoned Corn
Cheesy Bean Dip

Green Beans
Tossed Salad

