

# PARENT NIGHT WORKSHOP

JANUARY 10, 2024

5:00 - 6:00 PM

LAFAYETTE JR/SR HIGH  
SCHOOL AUDITORIUM

We welcome. Dr. Nayla Khoury, Child Psychiatrist  
to present

## SUPPORTING RESILIENT TEENS:

Identifying and supporting teens  
struggling with depression, suicidal  
ideation, and self harm

***About Dr. Khoury-** Dr. Nayla Khoury is an assistant professor of Psychiatry at Norton College of Medicine at SUNY Upstate and director of an interdisciplinary behavioral health collaborative serving indigenous families and providing clinic and school-based support. She provides consultation and training for primary care providers through Project TEACH, is involved in training of medical students, residents, fellows, NP students, social work and psychology trainees. She graduated from Cambridge Health Alliance, a Harvard affiliate for psychiatry residency and completed fellowship training at University of Washington Seattle Children's Hospital for Child and Adolescent Psychiatry training. She is a certified yoga teacher and currently implementing trauma adapted yoga for adolescents and hospital staff. Interests include wellness promotion, health equity, clinical education, and psychotherapy.*