

**LaFAYETTE JR./SR. HIGH SCHOOL**

Prior to the start of the tryout sessions or practice at the beginning of each season, a health history review for each athlete must be conducted unless the student received a full medical examination within 30 days of the start of the season.

**PART A – TO BE COMPLETED BY PARENT OR GUARDIAN**

Student \_\_\_\_\_ Age \_\_\_\_\_  
Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade \_\_\_\_\_ Sport \_\_\_\_\_  
Level: Modified \_\_\_\_\_ Junior Varsity \_\_\_\_\_ Varsity \_\_\_\_\_

**PART B – TO BE COMPLETED BY PARENT OR GUARDIAN**

NOTE: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity indicated in PART A. However, it will require a review and approval by the school physician before the student can report to practice or tryouts. The answers to the questions on this form will be held in the school health office and will be kept confidential.

HISTORY SINCE LAST PHYSICAL: If the answer to any of the following questions is "YES", please describe the condition or situation that prompted your answer in PART C.

- 1. Any injuries requiring medical attention?  Yes  No
- 2. Any illness lasting more than five (5) days?  Yes  No
- 3. Taking medication or under a physician's care at this time?  Yes  No
- 4. Any feeling of faintness, dizziness or fatigue after exercise or exertion?  Yes  No
- 5. Change in wearing glasses or contact lenses?  Yes  No
- 6. Any surgical operations or fractures?  Yes  No
- 7. Any treatment in a hospital or emergency room?  Yes  No
- 8. Developed any allergies?  Yes  No
- 9. Any chronic disease?  Yes  No

**PART C – TO BE COMPLETED BY PARENT OR GUARDIAN**

Describe the condition or situation that caused any questions in PART B to be answered "YES":

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PART D – PARENTAL SIGNATURE**

I, the undersigned, declare that the answers above are correct to the best of my knowledge.

Signed \_\_\_\_\_ Date: \_\_\_\_\_

**PART E – TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE**

Last Health Appraisal \_\_\_\_/\_\_\_\_/\_\_\_\_ Limitations:  Yes  No

Sports Participation  Approved  Referred to School Physician

Signed \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

If Referred to the School Physician  Re-qualified  Disqualified

Signed \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_