



# LaFayette

GREEN SHEET – School District News

## CENTRAL SCHOOLS

March 2015

### FEATURES:

#### DISTRICT

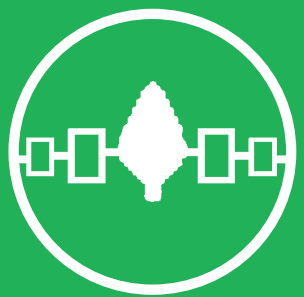
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### Senior High Science Olympiad Team Attends Regional Competition at LeMoyne College

Coaches Ms. Angello, Mr. Amidon and Mr. Zehner began a Science Olympiad Team (Division C) at the High School this year. The team participated in the Regional Competition at LeMoyne College on Saturday, January 30.

A Science Olympiad competition is like an academic track meet, consisting of a series of team events in genetics, earth science, chemistry, anatomy, physics, forensics, engineering, technical writing, and technology. The active, hands-on events require students to work together to design and build devices, use their problem-solving skills to tackle lab challenges, and call upon their creativity to complete science-based investigations.



*Science Olympiad Team: Kaitlin Rurka, Ms. Angello, Sophia Powless, Kali Loughlin, Alyssa Murray, Catelyn Battelle, Lucas Frigon, Brennen Thrall, Justin Applegate and Ethan Theel.*

The team competed against 31 other schools from all over the Central New York region, including schools with much larger populations than our school, and schools that regularly qualify for state and national level competitions. The Lancers held their own against these strong teams and placed 6th in *Green Generation*, 6th in *Chemistry Lab*, and 8th in *Write It Do It*.



### Winterfest Fun

Grimshaw Student Council had fun at The LaFayette Optimist Winterfest. They helped kids make snowman coasters. Pictured are Harlee Farrar, Sara Donnelly, Amelia Shenandoah, and Kendra Doupe.

**MARCH 6 and 7**  
**THE WIZARD OF OZ**  
...more info on page 7...

## FROM THE DESK OF THE SUPERINTENDENT

### Is Everyone Getting Enough Sleep?

As some of you know, I often ask about students' sleep habits. I believe that lack of sleep results in students falling asleep in school, less ability to focus and sustain attention, less ability to regulate emotions, lower academic levels, poor nutrition choices, and greater tendency to engage in risky behavior.

The National Sleep Foundation (<http://sleepfoundation.org/how-sleep-works/how-much-sleep-do-we-really-need>) gave me permission to share the article below. After reading about the amount of sleep required by people of different ages, please consider discussing with your children the role and importance of sleep as we emerge from these long, dark days of winter and start shifting to different schedules.

### How Much Sleep Do We Really Need?

Humans, like all animals, need sleep, along with food, water and oxygen, to survive. For humans sleep is a vital indicator of overall health and well-being. We spend up to one-third of our lives asleep, and the overall state of our "sleep health" remains an essential question throughout our lifespan.

Most of us know that getting a good night's sleep is important, but too few of us actually make those eight or so hours between the sheets a priority. For many of us with sleep debt, we've forgotten what "being really, truly rested" feels like.

To further complicate matters, stimulants like coffee and energy drinks, alarm clocks, and external lights—including those from electronic devices—interferes with our "circadian rhythm" or natural sleep/wake cycle.

Sleep needs vary across ages and are especially impacted by lifestyle and health. To determine how much sleep you need, it's important to assess not only where you fall on the "sleep needs spectrum," but also to examine what lifestyle factors are affecting the quality and quantity of your sleep such as work schedules and stress.

### How Much Sleep Do You Need?

Though research cannot pinpoint an exact amount of sleep needed by people at different ages, our new chart, which features minimum and maximum ranges for health as well as "recommended" windows, identifies the "rule-of-thumb" amounts experts agree upon.

Nevertheless, it's important to pay attention to your own individual needs by assessing how you feel on different amounts of sleep.

- Are you productive, healthy and happy on seven hours of sleep? Or does it take you nine hours of quality ZZZs to get you into high gear?
- Do you have health issues such as being overweight? Are you at risk for any disease?

- Are you experiencing sleep problems?
- Do you depend on caffeine to get you through the day?
- Do you feel sleepy when driving?

These are questions that must be asked before you can find the number that works for you.

### Sleep Time Recommendations: What's Changed?

"The NSF has committed to regularly reviewing and providing scientifically rigorous recommendations," says Max Hirshkowitz, PhD, Chair of the National Sleep Foundation Scientific Advisory Council. "The public can be confident that these recommendations represent the best guidance for sleep duration and health."

A new range, "may be appropriate," has been added to acknowledge the individual variability in appropriate sleep durations. The recommendations now define times as either (a) recommended; (b) may be appropriate for some individuals; or (c) not recommended.

The panel revised the recommended sleep ranges for all six children and teen age groups. A summary of the new recommendations includes:

- **Newborns** (0-3 months): Sleep range narrowed to 14-17 hours each day (previously it was 12-18)
- **Infants** (4-11 months): Sleep range widened two hours to 12-15 hours (previously it was 14-15)
- **Toddlers** (1-2 years): Sleep range widened by one hour to 11-14 hours (previously it was 12-14)
- **Preschoolers** (3-5): Sleep range widened by one hour to 10-13 hours (previously it was 11-13)
- **School age children** (6-13): Sleep range widened by one hour to 9-11 hours (previously it was 10-11)
- **Teenagers** (14-17): Sleep range widened by one hour to 8-10 hours (previously it was 8.5-9.5)
- **Younger adults** (18-25): Sleep range is 7-9 hours (new age category)
- **Adults** (26-64): Sleep range did not change and remains 7-9 hours
- **Older adults** (65+): Sleep range is 7-8 hours (new age category)

### Improve Your Sleep Today: Make Sleep a Priority

To begin a new path towards healthier sleep and a healthier lifestyle, begin by assessing your own individual needs and habits. See how you respond to different amounts of sleep.

Pay careful attention to your mood, energy and health after a poor night's sleep versus a good one. Ask yourself, "How often do I get a good night's sleep?" Like good diet and exercise, sleep is a critical component to overall health.

To pave the way for better sleep, follow these simple yet effective healthy sleep tips , including:

- Stick to a sleep schedule, even on weekends.
- Practice a relaxing bedtime ritual.
- Exercise daily.
- Evaluate your bedroom to ensure ideal temperature, sound and light.
- Sleep on a comfortable mattress and pillows.
- Beware of hidden sleep stealers, like alcohol and caffeine.
- Turn off electronics before bed.

Most importantly, make sleep a priority. You must schedule sleep like any other daily activity, so put it on your “to-do list” and cross it off every night. But don’t make it the thing you do only after everything else is done – stop doing other things so you get the sleep you need.

## Private and Parochial Transportation

If you will require school bus transportation for your child to a private or parochial school for the 2015-2016 school year, you will need to submit a written request to the District Office no later than April 1, 2015. The school you are considering should have forms for this purpose. The deadline date is set by the State of New York. Requests received after this deadline may be denied.

If you have questions concerning private or parochial transportation, please contact our Transportation Supervisor, Daniel Sawkins, at 677-9700.

## Emergency School Closings

During the school year, there may arise an emergency situation when school may close, or be delayed, or dismiss early, i.e., weather emergencies. Please listen to the following stations for school related information:

95X Radio (95 FM)

Y94 FM Radio (94.5FM)

WSTM TV (Channel 3)

WTVH TV (Channel 5)

WSYR TV (Channel 9)

Your News Now: (Time Warner Channel 10)

WSEN Radio (92 FM)

WHEN Radio (6.20 AM)

WSYR Radio (5.70 AM)

## FROM THE DESK OF THE SCHOOL BOARD PRESIDENT

### When it doesn't pay to look the other way!

As we are celebrating our fourth snow day, and my son and I are out plowing snow, it allows time for thought. Many things can be out of place this time of the year due to weather. Be it your neighbor's car in the ditch, or maybe one of our own cars in the ditch. It might be a pile of snow from a neighbor's driveway on your lawn. It might be the snow from the road now in the end of your driveway. It may be strange cars in your parking lot with nothing more than a set of footprints leaving the car.

I also see the goodwill side of our community, and it makes me smile. As our cars end up where they don't belong, it is usually a very short time frame for help to arrive: the man across the street, or people passing by, willing to push. I see neighbor children shoveling several driveways besides their own. Everyone slows down their hectic schedule and is more helpful and willing during these times.

I understand we all have places to be, but we all know the uneasy feeling of being stuck. I would like to thank everyone for their patience and understanding as these days arrive. Compassion and caring go a long way to improve our community, so again I would like to say, THANK YOU!

**Matthew Dodge**  
**School Board President**

## April 2015 Newsletter Deadline

The deadline for the April 2015 LaFayette Newsletter will be Monday, March 16.

The LaFayette News (Greensheet) is published eleven times per year and is available online @ [lafayetteschools.org](http://lafayetteschools.org).

Information should be sent to: [rita-bush@secny.net](mailto:rita-bush@secny.net) It is requested that all articles be emailed in Word format whenever possible. Pictures should be emailed in JPG format at 300 dpi. It is important that a photo is not inserted or embedded within the actual Word article.

Your adherence to these requests is greatly appreciated.



## District News ♦ District News ♦ District News

### We Are Making a Difference



Check presentation at Upstate Cancer hospital – (l-r): Jerry Kelly, Anthony Richmond (More Than a Game Foundation) and John Ciffonelli from Bishop Grimes making the presentation. Thank you to our community.

### The LaFayette Lacrosse Association

is holding a  
**Bottle Drive**  
at the Dollar General parking lot from  
**January 15th**  
through **March 15th**

**Thank you for support!**



### The LaFayette After-Prom Party Committee

is holding a  
**Bottle Drive**  
at the Dollar General parking lot from  
**March 16th through April 30th**

Please help support this fundraising project  
for the After-Prom Party.

**Thank you for support!**



### School Lunch Menu Notification

Please refer to the LaFayette School website:  
**[www.lafayetteschools.org](http://www.lafayetteschools.org)** to find out what the menu is for  
your child's school.

There are changes that are made after the Menu is  
printed in the school's newsletter, and it was decided that it  
would be more accurate and up-to-date to post the menus on  
the website.

If you do not have internet access, please call your child's  
main office and a menu will be sent home with your child.

### Sign Your Child Up to Receive a FREE BOOK EVERY MONTH

Each participating child will receive their free book  
through the mail until their fifth birthday.

Families may register their children by e-mailing the  
following information to **[gaps@lafayetteschools.org](mailto:gaps@lafayetteschools.org)**

**Please include the following:**

**Child's Name**

**Birth Date (Month/Day/Year)**

**Names of Parent(s) / Guardian(s)**

**Mailing Address and Phone Number**

### Fun Fact

Since *William Shakespeare* died on April 23, 1616,  
the anniversary of his death will soon be celebrated. There-  
fore, we are sharing the following idioms, all attributed to  
William Shakespeare:

vanished into thin air	a laughing stock
hoodwinked	the devil incarnate
stood on ceremony	if the truth were known
a foregone conclusion	to give the devil his due
that is the long and short of it	the game is up
green-eyed jealousy	in a pickle
what the dickens!	your own flesh and blood
tongue-tied	fair play
a tower of strength	laughed yourself into stitches
"It's Greek to me!"	without rhyme or reason
budge an inch	blinking idiot
as good luck would have it	eyesore
slept not one wink	bag and baggage
teeth set on edge	tut tut
played fast and loose	

♦ **Junior/Senior High School News** ♦

**Honor Roll - 2nd Quarter 2014-2015**

**7th Grade**

**HIGH HONOR**

Jack Caughey  
Candace Converse  
Nikolas Cromley  
Collin Dix  
Allison Evans  
Marissa Evans  
Raegyn Garbutt  
Emma Gretskey  
Layton Harris  
Victoria Kostiv  
Timothy Kramak  
Adam McIntyre  
Douglas Soules  
Ryan Zajac

**HONOR**

Victoria Albro  
Jessica Battelle  
Lily Buck  
Terri Clarke  
Grady Collingbourne  
Jazmyynn Crandall  
Sarah Gregg  
Kailyn Leach  
Thomas Meaney  
Allison O'Kane  
Branden Pope  
Richard J. Shaver  
Nicholas Wager

**MERIT ROLL**

Jadyn Halpern  
Kailyn Leach  
Dylan Lyons  
Thomas Meaney

**8th Grade**

**HIGH HONOR**

Celia Bertlesman  
Alyssa Capps  
Leanna Crouse  
Joshua Denué  
Mya DeJoseph  
Bethany Miller  
Nathan Mott  
Ashley Ohstrom  
Olivia Prince  
Regina Prince  
Charlotte Ryan  
Michael Wais  
Carha Williams

**HONOR**

Jackson Denué  
Isaac Dow  
Samantha Formoza  
Anna Guenther  
Emily Haines  
Cory Hart  
David Jackowski  
Nathan Lajoie  
Kyle Lamson  
Thomas Long  
Carol Ann Meldrim  
Grace Quick  
Brianna Szentmiklosi  
William Tiller  
Kyle Tracy  
Bradley Wallis  
Taylor-Sierra Watson  
Christopher Wieszczynski  
Amanda Wilson  
M. Anthony Young

**MERIT ROLL**

Thomas Long

**9th Grade**

**HIGH HONOR**

Sean Corby  
Ian Evans  
Patrick Prince  
Evan Spratt  
Brennen Thrall

**HONOR**

Catelyn Battelle  
Ivy Bennett  
Samuel Camaione  
Mackenzie Caron  
Andrew Clemens  
Molly FitzPatrick  
Claire Frier  
Edre Ibarra Contreras  
Joseph Lamson  
John Mongellow  
Cameron Reiss  
Roman Reiss  
Tucker Reiss  
Ian Schaefer  
Jacob Shaffer  
Morgan Shute  
Carla Soules  
Ethan Theel

Taylor Tummino

Bridget Walsh  
Kevin Williams

**10th Grade**

**HIGH HONOR**

Rhiannon Abrams  
Logan Booth  
Lashiva Gonnella-Sigworth  
Andrew Hall  
Shelby Ohstrom  
Grace Terrell

**HONOR**

Samuel Adams  
Sara Beresovoy  
Mattie Caughey  
Kayla Doupe  
Lauren Gates  
Jannah Grant  
Jonathon Grass  
Jennie Lamson  
Riley LaCava  
Cameron Leach  
Emily Long  
Wadely Miller  
Vivian Mueller  
Ethan Murray  
Natasha Powless  
Sophia Powless  
Cecelia Robinson  
Gunnar Schumacher  
Dana Scofield  
Zackery Thrasher  
Olivia Travis  
Thomas Whitney

**MERIT ROLL**

Maya Brothers  
Kayla Doupe  
Ethan Murray

**11th Grade**

**HIGH HONOR**

Ryan Agedal  
Justin Applegate  
Robby Bender  
Jaden Chin  
Samantha Claffey  
Rachel Coulter  
Allie Esposito  
Matthew Hughes

Jacob LeBlanc

Katelyn Tiller

**HONOR ROLL**

Hannah Blum  
Michel Dehn  
Cassandra Dodge  
Benjamin Kramak  
Christopher MacMackin  
Nathan Nicholas  
Cierra Oakes  
Kersten Perez  
Elizabeth Pierce  
Jack Ramie  
Emerson Shenandoah  
Megan Skinner  
Liam Stout  
Cayla Stroup

**MERIT ROLL**

Percy Booth  
Kersten Perez  
Megan Skinner

**12th Grade**

**HIGH HONOR**

Margaret Coulter  
Carl Dickhut  
Cassidy Doster  
Maureen Fagan  
Kara Knudsen  
Chase LaCava  
Alyssa Murray  
Kaylee Skeval  
Chloe Terrell  
Jade Williams

**HONOR**

Jessa Albro  
Allison Baird  
Jeanette D'Agostino  
Kevin Fontana  
Nicholas Geswaldo  
Morgan Gonnella-Sigworth  
Kali Loughlin  
Mckenna Merwin  
Zachary Travis  
Erica Wirth

**MERIT ROLL**

Jessa Albro  
Stephanie Daniels

♦ **Junior/Senior High School News** ♦

## **GUIDANCE/COUNSELING DEPARTMENT NEWS**

We are pleased to announce the Onondaga County Guidance Counselors Association and the National Association of College Admissions Counselors (NACAC) will host:

### **20TH ANNUAL SYRACUSE NATIONAL COLLEGE FAIR**

Onondaga Community College, Syracuse, New York

**Thursday, March 12, 2015**

**9:00 am – 12:00 pm and 5:00 pm – 8:00 pm**

The Fair is open and free to all students, parents, and counselors who are interested in learning more about opportunities in higher education. There are currently over 200 colleges and universities registered to participate in the Fair. The Counseling Center will be available for students and parents to have one-on-one advising about the college admission/selection process and programs of study.

All Juniors will be attending the in the SRC arena at Onondaga Community College on Thursday morning, March 12. You may access the website at [www.nationalcollegefairs.org](http://www.nationalcollegefairs.org). On this website, you can view additional information including the most current listing of institutions in attendance and workshop information.

### **COLLEGE ACCEPTANCES**

Congratulations to the following students who have been accepted to colleges for the upcoming 2015-2016 school year:

*Jessa Albro*

*St. John Fisher*

*Dustin Rosello*

*SUNY Oswego*

*SUNY Purchase*

*Chloe Terrell*

*University of Vermont*

### **UPDATES**

Nineteen LaFayette Seniors completed their initial placement testing for OCC on January 30, instead of coming to campus. This opportunity was offered to schools that have a significant number of students applying to OCC. The goal is to simplify the admission and enrollment process for potential OCC students.

Testing sessions required 2 hours to complete. They consist of initial assessments in English, Reading Comprehension and Mathematics. The placement testing was computerized; students took this in the computer lab.

### **NCAA – ATTENTION JUNIORS**

Now is the time for college-bound student-athletes in your Junior Class to register with the NCAA Eligibility Center if they plan on participating in college athletics. Early registration

promotes positive planning and involvement, bypasses the last-minute rush, and helps college-bound student-athletes avoid issues that may delay their academic and amateur certifications. The registration process is easy and can be done by logging on to the Eligibility Center's new Web site at [www.eligibilitycenter.org](http://www.eligibilitycenter.org).

College-bound student-athletes need to apply to the college or university they are interested in attending in their Senior year. Some student-athletes think that because they are being recruited or because they have registered with the Eligibility Center, they do not need to apply for admission. Athletics eligibility and admission to a college or university are two separate processes and both need to be completed.

### **SUMMER PROGRAMS**

Please visit LaFayette Jr. Sr. High School's Guidance Office for available summer programs for students. They are open to high school students primarily and are sometimes program specific. These programs all have deadlines to apply and some are quite competitive.

### **SCHEDULING**

All students in Grades 7-11 will have completed their schedule for next school year by mid-March. The course selections will be mailed home in late April/early May for review.

## **SAVE THE DATE 2015 Junior/Senior Prom**

**When: Saturday - May 9th (6-10 pm) • Where: SKY Armory, Syracuse**

**QUESTIONS: E-mail [pmcelhannon@lafayetteschools.org](mailto:pmcelhannon@lafayetteschools.org), or call 677-5506**

♦ *Junior/Senior High School News* ♦

# MATT NASTASI Scholarship Fund Raffle

Tickets  
\$10

**TO BE RAFFLED:**  
Gibson Les Paul Guitar with  
a Brand New Case, a value of over \$1,000

Tickets:  
\$10 each with **ONLY 150 tickets available** so get them quickly!

Benefit:  
All proceeds go to the Matt Nastasi Scholarship Fund

Drawing: The winner will be chosen the night of the Rock Fest, **March 27th, 2015.**

Contact: Maria Nastasi at [mnastasi@lafayetteschools.org](mailto:mnastasi@lafayetteschools.org) or Joe Fox at [jfox@lafayetteschools.org](mailto:jfox@lafayetteschools.org)  
to inquire how to purchase tickets.

*We're Off to  
See the Wizard!*  
the LaFayette Players present

# THE WIZARD OF OZ

**MARCH 6th and 7th**  
7pm • JSHS Auditorium  
\$7 Adults • \$5 Students/Seniors

*You can't miss it!  
Just follow the yellow brick road!*

## ACT/SAT Test Dates:

ACT Test Deadline	Registration Date	Late Fee Required
4/18/15	3/13/15	3/27/15
6/13/15	5/8/15	5/22/15

**ACT recommends registering online at:**  
[www.actstudent.org/start](http://www.actstudent.org/start)

SAT Test Deadline	Registration Date	Late Fee Required
3/14/15	2/13/15	2/27/15-3/3/15
5/2/15	4/6/15	4/17-21/15
6/6/15	5/8/15	5/22-27/15

**SAT recommends registering online at:**  
[sat.collegeboard.com](http://sat.collegeboard.com)



## ◆ The BIG PICTURE School News ◆

### Global Game Jam 2015

How do you get LaFayette students to be a part of a new world record? You have them participate in the 2015 Global Game Jam to develop a video game in forty-eight hours.

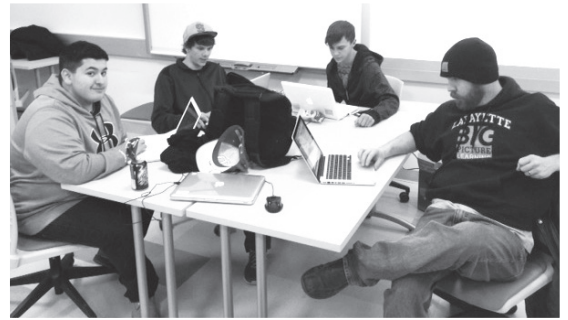


On the weekend of January 23rd, students enrolled in the Morrisville Science and Technology Entry Program participated in Morrisville State College's local Game Jam event joining over twenty thousand people worldwide. Global Game Jam is a worldwide event meant to foster creativity and collaboration amongst different communities of people such as artists, computer programmers,

video gamers, and anyone who wants to participate in a positive experience. LaFayette Central School District students participated in their third Global Game Jam event, developing two different games this year.

The Morrisville STEP team consisted of Big Picture students Jaheal Smith, Zaire Smith, Abe Stanton, Nick Park, Jeremy Reynolds, Jacob Fox, Tyler Ellis, Dakota Lukasik, and Evan Pelton from the Jr./Sr. High School. This team developed artwork, game design, and programmed two different playable video games in the span of forty-eight hours. This was a giant undertaking that took a lot of planning, creativity, and collaboration. They were the only high school team, and this wouldn't have been possible without Morrisville STEP, and Morrisville State College faculty and staff.

Morrisville STEP plans to continue encouraging computer science in the LaFayette Central School District, and currently does so through its Computer Programming Club and video



game making efforts. For ways in which your student can join these STEP efforts, please contact David Stablein at 315-504-1002, or by email at [dstablein@lafayetteschools.org](mailto:dstablein@lafayetteschools.org).

### Big Picture Students Attend Morrisville College

Six Big Picture students are taking classes at Morrisville State College this semester: Dora Schloss-Witkowski, Morgan Palmer, and Zeina Akl are taking a Mathematics course. Patrick Anastas is taking Computer-Aided Drafting. Dustin Stout is taking a Composition course. Dakota Lukasik is taking Game Development. This is all possible through the school district's partnership with Morrisville State College and the Morrisville Science and Technology Entry Program.





# ◆ Grimshaw School News ◆

## PRINCIPAL INPUT

*From the Desk of the Grimshaw Principal*

February was kicked off with the Optimist Club's annual Winter Party Festival. The time between the different events was filled with countless sled rides and cups of hot chocolate.

February 11th marked a special day of the year, our 100th Day of school. To our young students 100 can seem like a large, unimaginable number. However, to the students in our Kindergarten, First and Second Grade classes, this BIG number became tangible, as each of them created "100 Projects." They practiced counting, sorting and classifying the objects contained in the different projects as they shared them with their classmates.



### Mark Your Calendar:

March 9	GAPS Meeting 6:30 p.m. at the Library
March 11	Incoming Kindergarten Parent Meeting at 6 p.m.
March 20	Superintendent's Conference Day

Thank you again for all of your support!!!

*Jennifer Blossey, Grimshaw Principal*

## Health Office News

Dear Parents,

I hope everyone enjoyed February break with their families! By the time you read this we may be seeing signs of spring! As many of you know, we hold Kindergarten screening each year in the spring here at Grimshaw. This year it's going to be held from Monday, May 18th, through Wednesday, May 20th. You may call the main office (677-3152) to make an appointment for your child if he/she will be starting school in September. Please bring a copy of your child's immunizations with you to their appointment. Your child will also need a physical (done after 1/1/2015) before starting school. You may mail or fax (677-3154) it in, or drop it off at school anytime between now and September. If your child will require medication at school, or has a medical condition I should be aware of, please contact me before school starts in the fall to discuss it. At the time of the Kindergarten screening, I will be doing a hearing screen and a very basic vision screen. The children (almost) always have a great time!

As most of you are aware, last month we had many children sick with a stomach bug and flu, as well as some strep throat and the usual array of URI's we see this time of year. Please continue to notify me if your child has a specific contagious disease such as strep-throat or conjunctivitis. It is very important to keep children home 24 hours after they vomit or start on antibiotics. They should also be fever-free for 24 hours, without the aid of medication, following any illness before returning to school. Please call or send a note in whenever your child is sick so they will receive a legal absence. It would be best to call me directly or e-mail me. You may leave a message on my voice-mail the night before as well as in the morning.

All children entering 6th grade and have turned 11 will need to have a Tdap vaccine before starting school in September. Fifth graders will be bringing home a letter several times during the year with detailed information regarding this immunization. They should have had one in their backpack the Friday before February break. Please discuss this with your physician and plan to have it done as soon as possible after their 11th birthday. Call me if you have any questions regarding this.

As I'm sure you are all aware from recent news reports, we've had reported cases of some vaccine-preventable diseases across the country, including Pertussis (Whooping cough), Mumps and Measles. This would be a good time to review your child's immunization record with your physician to be sure they are up to date on all their vaccinations.

We're making progress on the required physicals- only 6 left! Please turn the paperwork into me as soon as they're done.

All children at Grimshaw have their vision/hearing checked each year and I will notify you if I have any concerns after your child's testing. If you have any concerns/questions about your child's vision/hearing, don't hesitate to call me.

Please keep updating emergency information, and be sure to have extra clothes available at school for your child in case they need them.

*Sincerely, Paula Bush, Grimshaw Nurse*  
677-5501 • 677-3154 (fax)  
pbush@lafayetteschools.org

## ◆ Onondaga Nation School News ◆



### **Dear ONS Community:**

Can you believe that we are more than half way through the school year? So much has been occurring at ONS this year that it is making the year 'fly' for all of us. Let me inform you of some of the things happening at ONS:

- We have implemented a new Reading Intervention Program for Grades K-8, which is broken down into three parts: iRead for Grades K-2; System 44 for Grades 3-5, and Read 180 for Grades 6-8. Along with our other interventions programs, we are beginning to see growth in our students overall reading abilities, from fluency to phonemetic awareness to comprehension. We are using this data, and the data from Scholastic Reading Inventory (SRI), to determine what academic strategies we will use to enhance student achievement. Recently, we began using AIMSweb to monitor and assess our Grades K-2 academic growth. Each year, these programs will enable our teachers to better align the curriculum and academic supports for the students. Should you have any questions regarding your child's academic levels and abilities, please contact your child's teacher or our Academic Intervention Teachers: Literacy Intervention Teachers, Mrs. Burns and Mrs. Rutter, and Math Intervention Teachers, Ms. Waterman and Mrs. McElhannon.

- In consultation with the Council of Chiefs, we are also pleased to say that this year we have increased the time the students have for Onondaga Language and Culture. Mrs. Abrams and Ms. Gibson, our language teachers, have a full schedule seeing all PreK-8 students every day. Mr. Powless, our culture teacher, sees all the students and pushes into PreK-8 Social Studies classes. The students are learning more and more each day. Each year we will be looking at ways, if possible, to increase language and culture.

- Students and staff worked extremely hard for Community Give, getting about 100 boxes ready for the elders. Each box contained gifts from the students along with the amazing Literary Journal full of students' work from poems to drawings. Each year, the students and staff love going out into the community and visiting everyone. We want to thank the entire community for helping to make this day so special.

As we head into the final portion of the school year, a lot will be going on in your child's educational world. Students will present their projects at the Academic Fair, teachers will assess the students on the knowledge they have learned this year, and reports will be made to parents via progress and report cards. Grade 8 will be meeting with the high school guidance counselors to make their Grade 9 schedules, and the entire school will prepare for the Grade 8 Graduation in June.

**Diane Ellsworth, ONS Principal**

## **You are invited to a Spring Into Literacy Party**

sign up at <http://goo.gl/forms/qBSJzAwMVC>

**March 11, 2015  
at ONS 5:30-7:30**

Everyone in the community is invited! No matter your age, you may come with all the members of your family and enjoy an evening of activities to inspire literacy.

There will be pizza for dinner, followed by activities related to Spring. There will be prizes and books. This event is free.

**Please RSVP Using this form:  
<http://goo.gl/forms/qBSJzAwMVC>  
or contact one of your librarians:**

Kyra Nay at the public library  
[knay@onlib.org](mailto:knay@onlib.org)

Teresa Fisher at ONS  
[tfisher@lafayetteschools.org](mailto:tfisher@lafayetteschools.org)

Jenn McDonald at Grimshaw  
[jmcdonald@lafayetteschools.org](mailto:jmcdonald@lafayetteschools.org)

## COMMUNITY COUNCIL NEWS

Community Council Contact Information:

677-7272 • LCC, PO Box 98, LaFayette, NY, 13084

[www.townoflafayette.com](http://www.townoflafayette.com) (departments-community council)

### 3rd and 4th Grade Basketball

Began February 28th.

You may still join in even if you missed the first one. It will be held all Saturdays in March, boys are from 12:00-1:30 and girls from 1:30-3:00 p.m.

### 5th and 6th Grade Volleyball

Watch for a flyer from school, or contact us.

Program will be held late February through March.

### Lacrosse and Baseball

Updated registration dates are:

Sat., March 14, 9-10:30 a.m. and Mon., March 16, 6-7:30 p.m., in or near Grimshaw cafeteria.

Be prepared to pay by check. If you did not get a flyer and have questions, contact us. We encourage players to participate in both sports while they still can.

### Coaches are needed for both.

Please sign up at or by the registration date.

You will need to complete the LCC paperwork and certifications. We need to know each level is covered, so let us know on time.

### CPR/AED is offered free of charge to our coaches.

Class will be March 28th, 9:00 a.m. -1:00 p.m. at the LaFayette Fire House on Route 11S.

Please make every attempt to make this class to become certified, or renew.

This is for all of our coaches/sports for the whole year. You must register so we know how many are coming. Sign up on the 14th or 16th, or call 677-7272 by March 16th and leave name and phone.

### Adult Programs

Times are listed below--call for pricing:

**Yoga** - Mon. and Thurs., 6:30-7:45 p.m., Grimshaw

**Zumba** - Mon. and Wed., 6:30-7:30 p.m.  
Grimshaw cafeteria

**Tabata Based** - Thurs., 6:30-7:30 p.m.  
Grimshaw cafeteria

**Daytime/Senior Exercise** - Tues./Wed./Thurs., 8:30-9:30 a.m., may still be held at VFW if Community Center is still closed.

### Hall Walking

Walk the Grimshaw halls for exercise! Weekdays, 5-7 p.m.  
Enter by cafeteria, sign in book and have dry shoes.

## LaFayette Public Library News

Our youth services librarian Kyra Nay started an "Imagination Lab" for elementary school students (Grades K-6) on Wednesday afternoons, 3:30-4:30. *Registration is not required but appreciated*, so we know how many to prepare for. This can be done via email to Kyra Nay: [knay@onlib.org](mailto:knay@onlib.org) or via phone: 677-3782.

This is what is coming up in March:

3/04: Bridge Building

3/11: Thumbprint Art

3/18: Lego Freeplay

3/25: Puzzle Mania

***Please come and join us!***

A reminder that we have a children's computer that has over 60 educational programs on it. It is very popular and we encourage everyone to come and use it.

We have also been collaborating with the Big Picture School in running some programs by their students in the library. Here are some of the things we are doing, or have done: ***Video Game Making, Hour of Code and other coding activities, Engineering Projects and Improv Comedy.***

Some of these activities will be utilizing Lego Mindstorms Robotics as well as our 3D printer. This is open to Grades 7-12 in the LaFayette School district.

As always, we are constantly updating our collection, whether it is print, audio, or video. Come on in and "check out" the collection (pun intended).

We have an ongoing Teen Book Club that meets at 6:00 p.m. on Tuesdays. For further information, please call the library 677-3782. Here are some examples of what's being read:

*Glass Sentence*, by S.E. Grove

*Greenglass House*, by Kate Milford

*Running Out of Time*, by Margaret Peterson Haddix

We continue to offer computer training for our patrons. This is a one-on-one session by appointment only. Please call 677-3782 and ask for Scott to make arrangements.

Story time hours:

Wed. 10:30-11:30 a.m.

Thurs. 6:30-7:30 p.m.



# LaFayette CENTRAL SCHOOLS

5955 Route 20, West  
LaFayette, NY 13084

Non-Profit Organization  
CAR-RT Presort  
US Postage Paid  
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Laura Lavine, Title IX Compliance Officer, LaFayette Central School, 5955 Route 20, West, LaFayette, New York 13084

The LaFayette Central School District does not discriminate on the basis of age, color, creed, national origin, race, sex, or handicapping conditions in its employment practices or educational programs.

## March

## IMPORTANT DATES TO REMEMBER

*Please check your LaFayette Central School District Directory/Calendar for the many activities going on in the month of March, 2015. Particular dates to note are:*

Monday	March 2
Wednesday	March 4
Friday	March 6
and	
Saturday	March 7
Sunday	March 8
Monday	March 9
Wednesday	March 11
Wednesday	March 11
Thursday	March 12
Monday	March 16
Monday	March 16
through	
Monday	April 30
Thursday	March 19
Thursday	March 19
<b>Friday</b>	<b>March 20</b>
Friday	March 20
Monday	March 23
Thursday	March 26
Friday	March 27

Read Across America Day  
Grimshaw School Open House, 6:00 – 7:00 p.m.

LaFayette Players Present The Wizard of Oz, JSHS Auditorium, 7:00 p.m.

Daylight Savings Time Begins .... Set Your Clocks AHEAD One Hour  
GAPS Meeting Grimshaw Library, 6:30 p.m.  
Spring Into Literacy Party, ONS, 5:30 – 7:30 p.m.  
Meeting for Kindergarten Class of 2017, Grimshaw Library, 6:00 – 7:00 p.m.  
Junior Class College Fair, OCC, 9:00 a.m. – Noon; Parents and Students  
Attend from 5:00 – 8:00 p.m.  
Deadline for the April Greensheet (Newsletter)

Bottle Drive in Dollar General Parking Lot to Support After Prom Party

Fine Arts Festival, JSHS, 7:00 p.m.  
Board of Education Meeting, JSHS LGI Room, 6:00 p.m.  
**NO SCHOOL – All Buildings – Staff Development Day**  
JSHS Spring Fling, 7:00 p.m.  
JSHS Parent Group Meeting, Room 117, 6:00 p.m.  
Board of Education Meeting, JSHS LGI Room, 5:30 p.m.  
Matt Nastasi Memorial Rock Festival, JSHS, 7:00 p.m.